



FIVE-DAY SCHOOL ITINERARY

Day One:

- Meet the Instructor to discuss the current state of your golf game
- Player equipment check to make sure you have the proper equipment for your swing
- Filming of your swing to identify the strengths and weaknesses
- Computer analysis of your swing using state of the art V1 analysis technology which makes it easy to spot where improvements can be made
- Once faults have been identified, the Instructor will work with you and prescribe corrective drills to help you develop the right feel

Day Two:

- ½ hour on each aspect of the short game (chipping, pitching)
- Each aspect begins with the Instructor giving a detailed presentation of how to effectively hit the shot
- As the lesson progresses and your swing improves, the instructor will re-film your swing to help highlight your progress by showing “before” and “after” swings on the V1 analysis software

Day Three:

- Drills and instruction continue with a focus on which parts of the game a student wants to improve the most
- As the lesson progresses and your swing improves, the instructor will re-film your swing to help highlight your progress by showing “before” and “after” swings on the V1 analysis software

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Day Four:

- ½ hour on each aspect of the short game (putting, bunker play)
- Each aspect begins with the Instructor giving a detailed presentation of how to effectively hit the shot
- As the lesson progresses and your swing improves, the instructor will re-film your swing to help highlight your progress by showing “before” and “after” swings on the V1 analysis software

Day Five:

- Drills and instruction continue with a focus on which parts of the game a student wants to improve the most
- The Instructor continues to film improvement and take the students into the video room as necessary
- Instructor will take the fundamentals learned with an iron and apply them to your driver and fairway woods
- Preparation for playing on the course that includes the development of a proper pre-shot routine, mental thoughts and images and other game-improving techniques
- Final CD/DVD and customized improvement plan is devised and provided for the student to take home

